



The SIMCOE STREET Public School ...

4760 Simcoe Street,
Niagara Falls, Ontario L2E 1V6
905 358-9121
Our website: simcoestreet.dsbm.org

MARCH 2018



Welcome to March!

A MESSAGE FROM THE PRINCIPAL...

March Break is just around the corner and it's hard to believe that as we move forward into March, that our school year is almost half over! Our renovation project in our library continues as we have installed new bookcases and a stand-up computer station. We are now in the processing of ordering some new tables.

The staff at Simcoe Street have been very busy ensuring that your children get the best possible school program available. Our staff has worked extremely hard to enhance our mathematics program. In addition, we continue to work on engaging our students to improve our school climate through various activities to promote 'mindfulness' including our Zones of Regulation program in primary grades, Passport to Success in Junior grades, as well as the Bounce program in the Junior and Intermediate grades.

Our Intermediate Basketball teams have wrapped up their season and our Junior Basketball teams are practicing and will be starting their season shortly. We have been given a great opportunity and all Grade 4-8 students will travel by bus on March 9th to see a live River Lions Basketball game. All costs are being covered, as well as the transportation to and from the game. Thank you to the DSBM for giving us this opportunity.

As March begins, we hope that the milder weather also continues! I wish you a very happy and healthy March Break.

Inside this newsletter you will find information on:

- ◆ Important Dates for our school community
- ◆ School Council Bake Sale on March 8th
- ◆ Make Change for Children- How our school plans to get involved!
- ◆ Some great ways to spend time doing Math with your child(ren)
- ◆ Remind APP- staying informed with simple text messages
- ◆ Prom Project Niagara
- ◆ Programs being offered at the Niagara Falls Community Health Centre
- ◆ Lockdown Drill #2
- ◆ Pathstone Mental Health Walk-In Clinic- for Children ages 6 to 17 years old



Upcoming Events

- ◆ Kindergarten and Grade 1 Trip to Walker Living Campus on March 6th.
- ◆ School Council Bake Sale on March 8th
- ◆ River Lions Basketball game Grades 4-8 March 9th
- ◆ March Break- School are closed the week of March 12th to 16th
- ◆ Education Foundation of Niagara- Make Change for Children Fundraiser- Week of March 19th
- ◆ Lockdown Drill #2- March 27th
- ◆ Celebration Assembly- March 29th at 9:15 am
- ◆ Good Friday, Schools are closed, March 30th



School Council Bake Sale

Friday, March 8, 2018

We would welcome any baked goods from our community to support our School Council Fundraising initiatives.

Please bring your baked goods to the school office on the morning of Thursday, March 8, 2018 before 9:30 am. All items and packaged items will be **50 cents**. Please bring baked goods that are free from peanuts/ tree nut and similar oils and sesame seeds. Cupcakes, rice -krispy squares, cookies etc. would be most welcome!

Information sheets will be sent home soon!



Make Change for Children

The Education Foundation of Niagara are great supporters of our children and families at Simcoe Street. In March, we are offering a great way to give back, with a whole school challenge!

The week of March 19th to March 23rd will be our 'Make Change for Children' initiative.

We are doing a '**CHANGE**' Challenge. Here is how it will work:

Monday- we will collect nickels

Tuesday- we will collect dimes

Wednesday- we will collect quarters

Thursday- we will collect loonies

Friday- we will collect toonies



The class collecting the most change will get a PIZZA lunch! Thank you to Mrs. Reeb for collecting and counting our change.

Ways to keep your child engaged in Math...during the March Break!

- ◆ In the car, estimate how many kilometres or how much time it will take to get to your destination, estimate how many cars you will see in 5 minutes, or how many licence plates it will take to see all the numbers from 0 to 100.
- ◆ Play Tic-Tac-Total by drawing a tic tac toe board and having each player print the numbers 1 to 10 off to the side. Players take turns crossing out one of the numbers and writing it in the board. The player who makes 15 first wins.
- ◆ Play Bizz Buzz as follows. Players generally sit in a circle. The player designated to go first says the number "1", and each player thenceforth counts one number in turn. However, any number divisible by three is replaced by the word *bizz* and any divisible by five by the word *buzz*. Numbers divisible by both become *bizz buzz*. You may change the numbers to counting by 2's and 10's or divisible by 6 and 2 etc., for variations. Players may either be eliminated if they make a mistake or you may play co-operatively.
- ◆ Bake with your child. Have them work with you to halve or double a recipe.
- ◆ Play card games and board games.
- ◆ Build with blocks, found materials or a model kit.

Prom Project Niagara- Free Formal Wear Opportunity!

Prom Project Niagara is a one day fun free formal wear extravaganza for girls and guys! Students can select their perfect head-to-toe look for their prom, formal, or graduation for FREE!

This year, we are offering Prom Project Niagara at:

- ◆ DSNB Academy (St. Catharines)
- ◆ Beamsville Secondary School
- ◆ Fort Erie Secondary School

If you know of a student who could use this program, please join us on Saturday, April 21, from 9:30 a.m. - 1:30 p.m. at one of our locations.

Inviting all students who are in need of formal wear for their special day!

education foundation of niagara presents

PROM PROJECT NIAGARA

Sat. April 21, 2018
9:30 a.m. - 1:30 p.m.

3 Locations:
DSNB Academy
130 Louth St., St. Catharines
Beamsville Secondary School
4317 Central Ave, Beamsville
Fort Erie Elementary School
474 Central Ave, Fort Erie

~ Bus Pick-ups ~
Niagara Falls & Welland

A one day fun free formal wear extravaganza for EVERYONE!

- Hairstyling vouchers
- 1000's of dresses
- Lots of suits
- Alterations on site
- Ties
- Many Accessories
- Shoes of all kinds

PenFinancial Credit Union
Presenting Sponsor

For more information on Prom Project Niagara please call 905-641-2929 ext. 37712, email efn@dsbn.org or visit www.efnniagara.ca

*Note: for Welland and Niagara Falls schools: bus transportation is available to the St. Catharines site! Contact the Foundation to book

REMIND APP – STAY INFORMED WITH SIMPLE TEXT MESSAGE REMINDERS

In our busy lives, events can sometimes be overlooked.

Sign up for the free **Remind App** and receive text or email reminders about school events.

To sign up:

Text **@simcoestr** to the number **(289) 812-5099**

Download the free Remind App using the link sent to you.

Register with class code **simcoestr**

You will be asked to verify that you are a parent/ student or teacher and your name you will then receive a message confirming your registration from a different number

This form of communication is one-way. You will not be able to respond back. The purpose of the text is to provide you another way to stay informed.



Lockdown Drill #2

We are scheduling a LOCKDOWN # 2 (according to DSBN policy we need to have two LOCKDOWN practices throughout the school year) on **Tuesday, March 27, 2018** sometime during the school day.

The practice gives us an opportunity to implement our Safe School Plan to ensure the safety of all our students and staff should an emergency lockdown occur. During this LOCKDOWN # 2, staff members will ensure that all students remain inside a classroom, gym, Learning Commons or Technology Lounge, until otherwise notified by the Principal.

All classrooms and exterior doors of the school are locked, lights turned off and curtains closed. Over the intercom, staff and students will hear a recorded message that is standard throughout all DSBN schools.

Niagara Falls Community Health Centre

IT'S TIME FOR MARCH BREAK

Join the Niagara Falls Community Health Centre for cooking, fun activities, community outings, lunch, snacks and friends all week long, at no cost to you!

When: March 12th-16th, 2018
10am-2pm

Who: Children in Grades 4- 8

Where: 4790 Victoria Ave. Niagara Falls
Niagara Falls Community Health Centre

**NEW
LOCATION!**



To register, please contact

Nicole at 905-356-4222 ext. 292

Space is limited, so early sign-up is encouraged.

Free



NIAGARA FALLS
COMMUNITY
HEALTH CENTRE

Ontario
Trillium
Foundation



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Anger Solutions

- Increase anger awareness
- Increase self esteem and assertiveness
- Learn new ways to express anger
- Learn alternatives to violence or risk taking

Ages 16-24

Thursdays 4pm-6pm

March 22 - June 14

4790 Victoria Ave.
Niagara Falls
(entrance around back)

Bus tickets available
for transportation to program
Snack provided



To register, call Nicole at 905-356-4222 ext. 292
or e-mail NSoble@nfchc.ca



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March is Nutrition Month and Simcoe Street can help!

Study after study has shown that students learn better with full tummies. They have more energy are more alert and are more open to learning when they are not distracted by rumbling tummies and are out of energy.

Our school was recently the recipient of a large donation of cereal. If you and your family could use a box or two please see Mrs. Reeb or Ms. Moore in the office and we will get it for you.



DID YOU KNOW?



Compassionate · Innovative · Professional

Children's Mental Health Walk-In Clinic

Single Session Service

No Fee

No Appointment Necessary

No Health Card

Immediate Mental Health Counselling for Children/Youth and their Parents/Caregivers is available at the Walk-In Clinic

No issue is too small or too big. We can help! We believe that the solutions to problems are within our control.

If you are a young person between the ages of 6 and 17 years, come to see us if you're:

- Feeling sad, worried or angry
- Having fights with your parents
- Being bullied
- Dealing with a personal issue
- Feeling like you might hurt yourself
- Suffering because someone has hurt you
- Getting in trouble at school, home or in the community
- Feeling like you are being treated unfairly

Or if there is anything else on your mind!

If you are a parent/caregiver, come to see us if you're:

- Concerned about issues related to ages and stages of your child/youth
- Constantly arguing with your child
- Concerned about your child's social- emotional challenges

Or if there is anything else on your mind!

The Walk-In Clinic will be held at Branscombe Mental Health Centre located at 1338 Fourth Avenue in St. Catharines, Ontario weekly on Tuesday, Wednesday and Thursday from 9 a.m. until 4:30 p.m. (last appointment at 3:30 p.m.)

IMPORTANT MESSAGE ABOUT INCLEMENT WEATHER PROCEDURES

There may be times during the school year where inclement weather or other situations could cause transportation cancellations or school closures. At times when student transportation has been cancelled and schools remain open, the decision of whether or not to have children in school on that day rests with the parent or guardian.

Should you decide not to send your child to school in the event that transportation is cancelled but schools remain open, or if your child is ill or late, please ensure that you call your child's school to inform them of your child's absence.

A key resource in any emergency is the DSBN Emergency Information form that you filled out at the beginning of the school year. Please let the school know of any changes in contact information or procedures you wish to be followed throughout the school year.

Information about transportation cancellations and school closures will be available as soon as it is available through the following channels:

Websites and Subscription Features

www.dsbns.org DSBN Facebook or Twitter www.nsts.ca NSTS Transportation Delay or Cancellation Alerts

Phone:

Niagara Student Transportation Services 905-346-0290 Voice Auto Attendant

Radio Stations:

CKTB (610 AM) St. Catharines

CHRE (105.7 FM) St. Catharines

CHTZ-FM (97.7 FM) St. Catharines

CKEY (105.1 FM) Niagara Falls/Fort Erie

WAVE (94.7 FM) Hamilton

K-LITE-FM (102.9 FM) Hamilton

CKOC (1150 AM) Hamilton

CHML (900 AM) Hamilton

Y-108(107.9) Hamilton

CHAM (820 AM) Hamilton

GIANT FM (91.7 FM) Welland

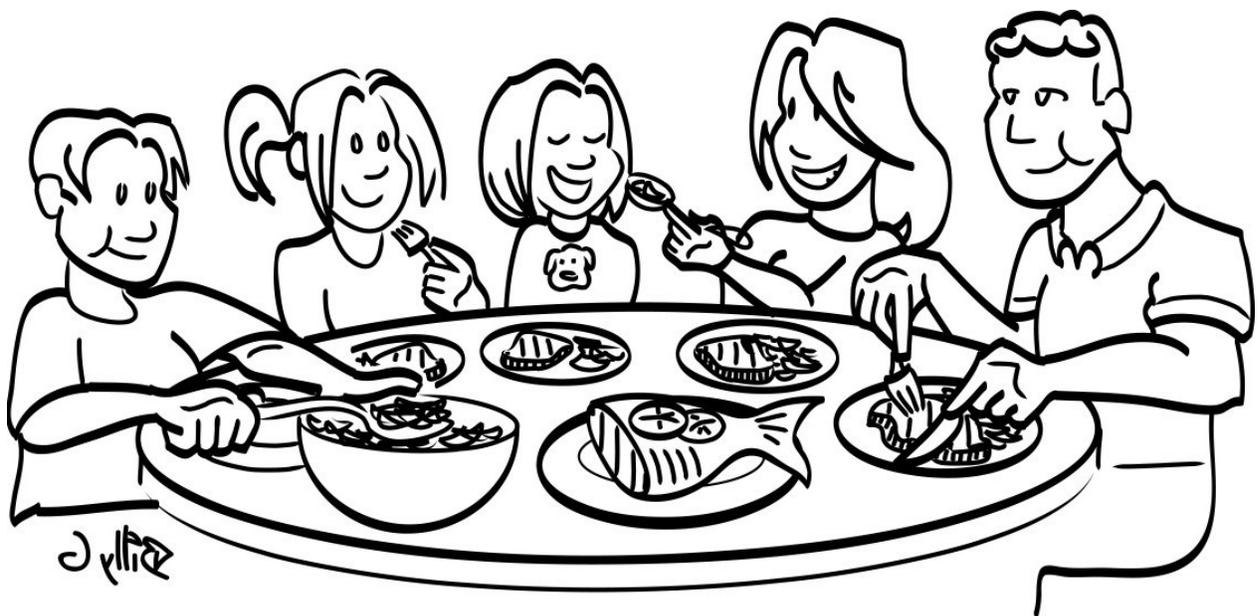
MARCH IS NUTRITION MONTH!

Fruits and veggies are not only absolutely delicious but they are nature's fast food! Ready to eat and most come in their own "to-go" packages. Produce makes the perfect snack for kids to grab and go. They need minimal to no preparation and buying ones in season means you can save some money and shop smarter.

Think you can't get much produce on a tight budget? Here are some tips to make shopping for produce more easy and affordable:

- ◆ Don't shop when you're hungry and carry a list. You'll be more likely to stick to your budget and nutritious food choices.
- ◆ Look for washed and bagged salads, baby carrots, celery hearts, broccoli and cauliflower crowns, cherry tomatoes, and shredded cabbage in your grocery store
- ◆ Buy fresh produce, like peaches or bananas, in varying degrees of ripeness to allow for some ripening towards the end of the week
- ◆ Canned and frozen vegetables can be convenient choices
- ◆ Spend most of your time in the produce, bread, meat and dairy sections
- ◆ Use store flyers to help you find specials
- ◆

See more at: <http://www.halfyourplate.ca/produce-is-affordable>



March is National Nutrition Month!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
What's coming up: April 2nd Easter Monday no school April 9th School Council Meeting 9:15am April 22nd Earth Day April 30th Education week begins				1 	2 Pita Pit	3 
4 	5	6 Kinders and Grade 1 to Walkers Living Campus	7 Pizza Day	8 School Council Bake Sale 	9 Pita Pit River Lions Game Grade 4-8	10
11 	March Break Enjoy the week with your families!					17 
18 	19 Nickel Day	20 Dime Day	21 Pizza Day Quarter Day	22 Kindergarten to Agape Valley Loonie Day	23 Pita Pit Toonie Day	24 
25 	26	27 Lock down Drill 	28 Pizza Day	29 Celebration Assembly 915 Hot Dog Day	30 Good Friday Schools are closed	31 